MASS. G67.2: Al 18 /southeast.

ALCOHOL AND DRUG TREATMENT: A DIRECTORY OF RESOURCES FOR MASSACHUSETTS RESIDENTS

UMASS/AMHERST
312066 0270 3783 0

Southeast Massachusetts Region

MBA

A collaborative effort
of
Governor Michael S. Dukakis
and the
Massachusetts Bar Association
1985-1986

ALCOHOL AND DRUG TREATMENT:
A DIRECTORY OF
RESOURCES FOR
MASSACHUSETTS RESIDENTS

A collaborative effort

of

Governor Michael S. Dukakis

and the

Massachusetts Bar Association

1985-1986

This volume lists agencies and groups that provide services to individuals with alcohol and/or drug related problems. It should not, however, be taken as a recommendation or warranty of an agency or group by the Commonwealth of Massachusetts or the Massachusetts Bar Association, or their officers, agents or employees, or by any of the contributors to this volume.

THE COMMONWEALTH OF MASSACHUSETTS
EXECUTIVE DEPARTMENT
STATE HOUSE • BOSTON 02133

MICHAEL S. DUKAKIS
GOVERNOR

November, 1985

An Open Letter to Users of This Directory:

Most of us are all too aware of the damage and pain wrought by alcohol on the lives of the men, women and children of Massachusetts. Over 70 percent of all highway deaths are alcohol-related. Alcohol is involved in more than 60 percent of the incidents of physical violence. Countless family, business and other personal problems are attributable in large part to alcohol.

People in trouble with the law and people with business or family problems often turn to lawyers for help. Lawyers thus have a significant opportunity to provide valuable assistance to clients whose problems appear to be alcohol-related.

In recognition of this opportunity, I invited the Massachusetts Bar Association to join me in a cooperative effort to explore ways in which lawyers can provide relevant information and advice to clients suffering from alcohol or drug abuse. Together, we have formed the MBA/Governor's Committee on the Alcoholic Client. One of the first orders of business of the Committee has been to put together the directory in front of you--a directory of resources available in Massachusetts to identify and treat people with alcohol and drug problems.

Michael S. Greco, President of the Massachusetts Bar Association, and I commend this resource directory to you as a valuable tool for helping your clients deal with the problem of alcohol abuse.

Sincerely,

Michael S. Dukakis
Governor

Michael S. Greco, President
Massachusetts Bar Association

MSD:my
#0775L

INTRODUCTION

The Massachusetts Bar Association/Governor's Committee on the Alcoholic Client has developed this directory as a guide for attorneys and others interested in referring individuals for alcoholism treatment. Most public and private treatment programs in Massachusetts are listed, as well as private programs in nearby states.

Besides its utility to lawyers, this resource directory should be of assistance to human service agencies, hospitals, schools and other organizations which interact with alcohol and drug abusing clients.

The Committee acknowledges the assistance and cooperation provided by the Massachusetts Division of Alcoholism in compiling the enclosed information. The Committee also extends its thanks and appreciation to the Kemper Group for printing this publication.

Massachusetts Bar Association/
Governor's Committee on the Alcoholic Client

Michael S. Greco, Esquire, Chairman
Stanley E. Adelman, Esquire
Hon. Joyce L. Alexander, U.S. Magistrate for the District Court of Massachusetts
Secretary Charles V. Barry, Division of Public Safety
Senator Louis P. Bertonazzi
Patricia Boies, Esquire
John J. Buckley
Hon. Paul A. Chernoff
William D. Delahunt, Esquire
Dr. Matthew Dumont
Representative Michael F. Flaherty
Terry Flukes, Esquire
Rosemary Ford, Esquire
Hon. Mel L. Greenberg
Chief Justice Edward F. Hennessey
John J. Hoffman, Esquire
Richard M. Howland, Esquire
Secretary Philip Johnston, Division of Human Services
Hon. Albert L. Kramer
Thomas E. Lilly, Esquire
Ellen S. Mattingly, Esquire
Michael McCarthy
Vincent P. McCarthy, Esquire
John Mooney, Esquire
David H. Mulligan, Division of Alcoholism
Diana O'Dell
Judith C. Saltzman, Esquire
Paul V. Shannon, Esquire (MBA Board of Delegates Liaison)
Dianne Wilkerson, Esquire

HOW TO USE THIS RESOURCE DIRECTORY

This resource directory is published in two formats. The first is a statewide directory, which lists treatment programs and resources for the information of attorneys, courts, human services agencies, hospitals and others likely to refer individuals to treatment programs throughout Massachusetts. The second is a series of five regional directories listing such services in the following Massachusetts regions:

1) Western Massachusetts (gold)

2) Central Massachusetts (orange)

3) Merrimack Valley (blue)

4) Metropolitan Boston (green)

5) Southeastern Massachusetts (yellow)

The statewide directory and the five regional directories list available programs such as private inpatient and outpatient, public inpatient and outpatient, and certain other selected resources within and outside Massachusetts. The regional directories should be most helpful to attorneys wishing to identify local resources for their clients. Attorneys in communities near the border of the regions may find it helpful to obtain two regional directories.

The directories differentiate privately and publicly funded programs. Privately-funded programs generally accept only clients who have third party reimbursement. The publicly-funded programs generally serve medically indigent clients, but also accept insured clients.

Frequently, attorneys may not be certain whether a client has a drinking problem or what type of treatment is appropriate for a client acknowledging a problem. In these instances, we recommend that clients be referred to an outpatient program for an assessment. The assessments generally indicate the level of impairment and the appropriate treatment resource.

The statewide and regional directories provide a comprehensive list of available resources but do not provide evaluations of the programs included. We suggest that anyone using the directories should become familiar with a program before making a referral to it.

Any attorney having a question with respect to the resource directories or in need of advice or assistance may write to members of the Massachusetts Bar Association's Chemical Dependency Committee, c/o Massachusetts Bar Association, 20 West Street, Boston, MA 02111.

TABLE OF CONTENTS

A. RESIDENTIAL ALCOHOLISM SERVICES

1. Private Rehabilitation Programs-Out of State....1

2. Private Rehabilitation Programs-Massachusetts...1

3. 14 Day DUIL Programs.....2

4. Youth Residential Treatment Programs.....3

5. Short Term Intensive Programs.....3

6. Detoxification Programs.....4

7. Halfway Houses.....4

B. NON-RESIDENTIAL ALCOHOLISM SERVICES

1. Driver Alcohol Education Programs.....5

2. Outpatient Alcoholism Providers.....6

3. Primary Prevention Programs.....6

4. Self-Help Groups & Other Resources.....7

C. RESIDENTIAL DRUG TREATMENT

1. Residential Detoxification Programs.....7

2. Residential Drug-Free Treatment Programs.....8

3. Residential Youth Programs.....8

D. NON-RESIDENTIAL DRUG TREATMENT PROGRAMS

1. Methadone Detoxification Programs.....8

2. Methadone Maintenance Programs.....9

3. Drug-Free Counseling Services.....9

A. RESIDENTIAL ALCOHOLISM SERVICES

Private rehabilitation programs provide treatment for withdrawal (detoxification). This is followed by rehabilitation services, consisting of education, group and individual counseling, family intervention and meetings of Alcoholics Anonymous, as well as other self-help groups. The programs vary in length from ten to twenty-eight days. These programs are focused primarily on the employed individual and usually anticipate a return to community living.

1. PRIVATE REHABILITATION PROGRAMS (Out-of-State Programs Serving Mass. Residents)

Seaborne Hospital, Seaborne Dr., Dover, NH 03820, 603-742-9300

Parkside Lodge of Connecticut, P.O. Box 668, Canaan, CT 06108, 203-824-5426

Silver Hill Foundation, P.O. Box 1177, New Canaan, CT 06840, 203-966-3561

Beech Hill Hospital, Inc., Beech Hill St., Dublin, NH 03444, 603-563-8511

Seminole Point, Woodland Rd., Sunapee, NH 03782, 603-763-2545

Spofford Hall, RTE. 9A, Spofford, NH 03462, 603-363-4545

Hampstead Hospital, East Rd., Hampstead, NH 03841, 603-329-5311 ext. 272

Edgehill, 200 Harrison Ave., Newport, RI 02840 401-849-5700

High Point, 1950 Tower Hill Rd., Kingston, RI 02852 401-295-2511

Brattleboro Retreat, 75 Linden St., Brattleboro, VT 05301, 802-257-7785

Conifer Park, 150 Glenridge Rd., Schenectady, NY 12302, 518-399-6446

Arms Acres, Box X, Carmel, NY 10512, 914-225-3400

2. PRIVATE REHABILITATION PROGRAMS (Massachusetts)

McLean Hospital, Appleton Treatment Center, 115 Mill St., Belmont, MA 02178, 617-855-2781 (IVA)

Gosnold Treatment Center, 200 Ter Huen Dr., Falmouth, MA 02540, 617-548-7118

Athol Memorial Hospital, 2033 Main St., Athol, MA 01331, 617-249-3511

Quarry Hill Alcoholism Rehab Center, 136 E. Mountain Rd., Westfield, MA 01085, 413-568-1695

Hillcrest Hospital, 165 Tor Court, Pittsfield, MA 02101, 413-443-4761

Doctors Hospital, 107 Lincoln St., Worcester, MA 01605, 617-799-9000

Naukeag, 216 Lake Rd., Ashburnham, MA 01430, 617-827-5115

Baldpate, Baldpate Rd., Georgetown, MA 01833, 617-352-2131

Central Hospital, 26 Central St., Somerville, MA 02143, 617-625-8900

Spaulding Rehabilitation Hospital, 125 Nashua St., Boston, MA 02114, 617-720-6400

St. Elizabeth's Hospital, 736 Cambridge St., Brighton, MA 02135, 617-789-3000

MARCAP, 57 Union St., Marlboro, MA 01752, 617-485-1121, ext. 270

NORCAP, Walnut St., Foxboro, MA 02035, 617-543-6500

Fuller Memorial Hospital, 231 Washington St., S. Attleboro, MA 02703, 617-761-8500

Mt. Pleasant Hospital, 60 Granite St., Lynn, MA 01904, 617-581-5600

N.E. Memorial Hospital, 5 Woodland Rd., Stoneham, MA 02180, 617-665-1740

Mentor, 99 State St., Boston, MA 02109, 617-523-8093

3. 14-DAY DUIL PROGRAMS

These mandated 14-day residential programs provide a preparation for treatment through assessment, education and motivational counseling to clients convicted of DUIL offenses. Virtually all clients are referred for follow-up care when they complete the 14 days. Although most clients attending the programs are second offenders, first offenders may be sent to these programs. Clients must be referred by a court.

S.T.A.R.T. Program, Lakeville Hospital, Lakeville, MA 02346, 617-947-1231

Rutland Hospital DUIL Program, Maple Ave., Rutland, MA 01543, 617-886-4711

Middlesex County Hospital DUIL Program, 775 Trapelo Rd., Waltham, MA 02154, 617-894-4600

Tewksbury Hospital DUIL Program, East St., Tewksbury, MA 01876, 617-851-7321

4. YOUTH RESIDENTIAL TREATMENT PROGRAMS

Youth Residential Treatment Services provide a therapeutic milieu for 14-19 year old adolescents who are becoming seriously involved with alcohol and drugs. Services include individual, group and family counseling, diagnostic services, educational and pre-vocational services and after-care planning.

Providence Hospital Adolescent Program, 253 King St., Springfield, MA 01107, 413-737-8186

Youth Experiencing Sobriety, Rutland Heights Hospital, Rutland, MA 01543, 617-886-4711

Greater Lawrence Psychological Center, Residential Program for Youth, Pegasus, 488 Essex St., Lawrence, MA 01840, 617-685-1337

Volunteers of America, 441 Centre St., P.O. Box 188, Jamaica Plain, MA 02130, 617-522-8086

Attleboro Area Youth and Family Services, The Road Back, 11 Peck St., P.O. Box 2037, Attleboro, MA 02701, 617-222-0491

Emerson House, CCAIRU, Inc., 165 Woods Hole Rd., P.O. Box 318, Falmouth, MA 02541, 617-540-1554 (Females only)

5. SHORT-TERM INTENSIVE PROGRAMS

These Programs provide post-detoxification services which consist of education, group and individual counseling, family intervention, and meetings of Alcoholics Anonymous. The programs vary in length from eight to twenty-eight days.

Alcoholism Services of Greater Springfield, Quarry Hill Rehabilitation Center, 137 E. Mountain Rd., Westfield, MA 01085, 413-568-1695

North Shore Council on Alcoholism, Residential Intermediate Care Facility, 110 Green St., Lynn, MA 01902, 617-598-1270

6. DETOXIFICATION CENTERS

The detoxification programs provide medical assessment, treatment for withdrawal, counseling and referral services. The purpose of the detoxification facilities is to medically supervise the patient in the safe withdrawal from the acute phase of intoxication and to develop and implement a follow-up plan. Most clients stay for three to five days; many are referred to Halfway Houses or outpatient programs.

Alcoholism Intervention Center at Brockton, 686 North Main St., Brockton, MA 02401, 617-587-0815 (V)

CCAIRU, Inc., Gosnold, A Bridge Back, 200 Ter Huen Dr., Falmouth, MA 02540, 617-540-6550 (V)

Fall River/New Bedford Center for Alcohol Problems, 386 Stanley St., Fall River, MA 02720, 617-679-5222 (V)

7. HALFWAY HOUSE PROGRAMS

Halfway Houses provide residential rehabilitation services to individuals who need a supervised environment in order to strengthen recently acquired sobriety. These services provide individual, group and employment counseling as well as guidance in the activities of daily living. The programs prepare clients for eventual return to community living.

Anchor House, 60 1/2 Cherry St., Plymouth, MA 02360, 617-746-6654 (V)

Attleboro Area Youth & Family Services d/b/a The Road Back, 11 Peck St., PO Box 2037, Attleboro, MA 02703, 617-222-0491 (V)

Edwina Martin Women's Recovery Home, AIC at Brockton, 686 N. Main St., Brockton, MA 02401, 617-583-0493 (V)

Emerson House, CCAIRU Inc., 165 Woods Hole Rd., P.O. Box 318, Falmouth, MA 02541, 617-540-1554 (V)

Harmony House, New Bedford Council on Alcoholism, 234 Earle St., New Bedford, MA 02746, 617-992-8948 (V)

North Cottage Program, 69 East Main St., Norton, MA 02766, 617-285-9839 (V)

Recovery House, AIC at Brockton, 40 Bartlett St., Brockton, MA 02401, 617-587-7646 (V)

Stephen Miller House, CCAIRU Inc., 564 Main St., PO Box 719, West Falmouth, MA 02574, 617-540-5052 (V)

Steppingtone, Inc., 466 North Main St., Fall River, MA 02720, 617-674-2788 (V)

B. NON-RESIDENTIAL ALCOHOLISM SERVICES

1. DRIVER ALCOHOL EDUCATION PROGRAMS

Driver Alcohol Education (DAE) programs serve first offenders convicted of Driving Under the Influence of Liquor (DUIL). Components of the driver alcohol education programs include three assessment interviews, eight two-hour educational classes and aftercare management. Clients are assigned to DAE programs by the court.

Alcoholic Family Rehabilitation, 17 Court St., 2nd Floor, Plymouth, MA 02360, 617-746-6737 (V)

Alcoholism Intervention Center at Brockton, 686 N. Main St., Brockton, MA 02401, 617-587-0815 (V)

Attleboro Area Youth & Family Services, 80 North Main St., PO Box 2037, Attleboro, MA 02703, 617-222-7525 (V)

Cape Counseling Center, 120 Yarmouth Rd., Hyannis, MA 02601, 617-775-1728 (V)

Fall River/New Bedford Center for Alcohol Problems, 386 Stanley Rd., Fall River, MA 02720, 617-679-5222 (V)

Greater Taunton Council on Alcoholism, 4 Cohannet St., P.O. Box 965, Taunton, MA 02780, 617-822-2116 (V)

Martha's Vineyard Community Services, P.O. Box 1089, Edgartown, MA 02539, 617-627-8614 (V)

Nantucket Counseling Service, Off-Vesper Lane, Nantucket, MA 02554, 617-228-2689 (V)

New Bedford Area Center of Human Services, 848 Pleasant St., Suite 11, PO Box A2097, New Bedford, MA 02741, 617-993-3517 (V)

Alcoholic Family Rehabilitation, 245 Main Street, Wareham, MA 02571, 617-295-3944 (V)

2. OUTPATIENT ALCOHOLISM PROVIDERS

Outpatient programs provide assessment and, if necessary, counseling for alcoholics, alcohol abusers and those whose lives have been affected by someone else's drinking. No distinction is made between public and private programs because virtually all programs can accept third-party payment. The Commonwealth contracts with a majority of programs on this list in order to assure services to medically indigent clients. The programs with an asterisk (*) are approved by the Division of Alcoholism to provide Aftercare Treatment to individuals completing the Driver Alcohol Education programs.

*Alcoholic Family Rehabilitation, 17 Court St., 2nd Floor, Plymouth, MA 02360, 617-746-6737 or 617-734-6635 (V)

*Attleboro Area Youth and Family Services, 80 North Main St., PO Box 2037, Attleboro, MA 02703, 617-222-7525 (V)

*Cape Counseling Center, 120 Yarmouth Rd., Hyannis, MA 02601, 617-775-1728 (V)

*CCAIRU, Inc., Counseling Center, 196 Ter Huen Dr., Falmouth, MA 02540, 617-548-7118 (V)

*Fall River/New Bedford Center for Alcohol Problems, 386 Stanley St., Fall River, MA 02720, 617-679-5222 (V)

*Greater New Bedford/Marion Ambulatory Alcohol Program, 335 Wareham, Rd., Marion, MA 02738, 617-748-2850 (V)

*Greater Taunton Council on Alcoholism, 4 Cohannet St., P.O. Box 965, Taunton, MA 02780, 617-822-1311 (V)

*Nantucket Counseling, Off Vesper Lane, Nantucket, MA 02554, 617-228-2689 (V)

*New Bedford Area Center for Human Services, 848 Pleasant St., PO Box A2097, New Bedford, MA 02741, 617-996-3791 (V)

*Martha's Vineyard, P.O. Box 1089, Edgartown, MA 02539, 617-627-8282 (V)

Alcoholic Family Rehabilitation, 245 Main Street, Wareham, MA 02571, 617-295-3944 (V)

3. PRIMARY PREVENTION PROGRAMS

A Primary Prevention Center provides a regionally based resource for the prevention of substance abuse problems. This center does not provide services to

individual clients but offer training and resource material to schools and organizations engaged in substance abuse prevention.

AFR, Pathways to Health, 49 North Main St., P.O. Box 1280, Middleboro, MA 02346, 617-947-9478 (V)

4. SELF-HELP GROUPS AND OTHER RESOURCES

Alcoholics Anonymous (A.A.), Al-Anon and Alateen are available to all alcohol abusing individuals and their families.

Information on these self-help organizations can be obtained by calling hot-lines available to the public. The following numbers are usually manned by volunteers on a 24-hour basis. They are trained to respond to crisis situations or to make referrals.

Alcoholics Anonymous, Central Office, 286 Summer St., Boston, MA 02210
617-426-9444

- Cape Cod Intergroup, Hyannis
617-775-7060

Al-Anon Family Groups of Mass. Inc., Central Office, 460 Washington St., Room 9, Braintree, 617-843-5300

- Cape Cod, 617-394-4555

Narcotics Anonymous 617-569-9782

Cocaine Hotline 1-800-COCAINE

C. RESIDENTIAL DRUG TREATMENT SERVICES

1. RESIDENTIAL DETOXIFICATION PROGRAMS

These programs provide a twenty-one day medically supervised detoxification and medical exam, individual and/or group counseling, and referral to continued drug rehabilitation treatment.

Fall River/New Bedford Center for Alcohol Problems, 286 Stanley St., Fall River, MA 02720, 617-679-5222 (V)

Fuller Memorial, 231 Washington Street, South Attleboro, MA 02703, 617-761-8500 (V)

Pembroke Hospital, 199 Oak St., Pembroke, MA 02359, 617-826-8161 (V)

Veterans Administration Hospital, 940 Belmont St., Route 123, Brockton, MA 02441, 617-583-4500 (V)

2. RESIDENTIAL DRUG-FREE TREATMENT PROGRAMS

These programs provide long-term rehabilitation services to persons suffering from social, psychological, or physical dysfunction due to the use/abuse of drugs. Services include education and individual and group counseling.

Attleboro Youth and Family Services, The Road Back, 11 Peck St., Attleboro, MA 02703 (V)

Beech Hill-Cape Cod, 298 Winter St., Hyannis, MA 02601, 617-771-9166 (V)

Cape Cod Alcoholism and Rehabilitation Unit, Emerson House, Young Women's Program, 165 Woods Hole Rd., P.O. Box 318, Falmouth, MA 02630, 617-540-6933 (V)

Veterans Administration Hospital, 940 Belmont St., route 123, Brockton, MA 02441, 617-583-4500 (V)

Teen Challenge New England, Inc., Drug and Alcohol Abuse Treatment and Rehabilitation, 1315 Main St., Brockton, MA 02403, 617-586-1494 (V)

3. RESIDENTIAL YOUTH TREATMENT PROGRAMS

Attleboro Youth and Family Services, The Road Back, 11 Peck St., Attleboro, MA 02703, 617-222-0491 (V)

Beech Hill - Cape Cod, 298 Winter St., Hyannis, MA 02601, 617-771-9166 (V)

Cape Cod Alcoholism & Rehabilitation Unit, Emerson House, Young Women's Program, 165 Woods Hole Rd., P.O. Box 318, Falmouth, MA 02630, 617-540-6933 (V)

D. NON-RESIDENTIAL DRUG TREATMENT PROGRAMS

1. METHADONE DETOXIFICATION PROGRAMS (OUTPATIENT)

These programs provide detoxification from opiates.

Medical screening and evaluation, individual and/or group counseling, and referral for continued treatment are also provided.

New Bedford Center for Human Services, 848 Pleasant St., P.O. Box A2097, New Bedford, MA 02741, 617-999-3126 (V)

St., Anne's Hospital Lifeline, 795 Middle St., Fall River, MA 02722, 617-5741, ext. 2260 (V)

2. METHADONE MAINTENANCE PROGRAMS (OUTPATIENT)

This service provides medical support to opiate addicted individuals who require the additional support of methadone maintenance chemotherapy beyond detoxification. Services also include medical screening and evaluation, and individual group or family counseling.

New Bedford Center for Human Services, 848 Pleasant St., P.O. Box A 2097, New Bedford, MA 02741, 617-999-3126 (V)

3. DRUG-FREE COUNSELING SERVICES (OUTPATIENT)

These programs provide individual, group, and family counseling to individuals suffering social, psychological and physical dysfunction due to the use of drugs. Ancillary services such as information and referral, screening and case management are also provided.

Alcoholic Family Rehabilitation Center, 17 Court St., Plymouth, MA 02360, 617-746-6737 (V)

Attleboro Youth & Family Services, P.O. Box 273, 80 North Main St., Attleboro, MA 02703, 617-222-7525 (V)

Center for Individual and Family Services of Cape Cod, 78 Pleasant St., Hyannis, MA 02601, 617-775-1859 (V)

Crow's Nest Medical and Dental Center Mental Health Department, 1 Wolf Rd., Bourne, MA 02532, 617-759-2515 (V)

Life Resources, Inc., Phaneuf Center, 688 North Main St., Brockton, MA 02401, 617-584-0500 (V)

Marion Center for Human Services, 335 Wareham Rd., Marion, MA 02738, 617-748-2850 (V)

Martha's Vineyard Community Services Project, Inc., Beach Rd., Box 591, Vineyard Haven, MA 57110, 617-627-8382 (V)

Middleboro/Lakeville MHC, 94 South Main St., Middleboro, MA 02346, 617-947-6100 (V)

Nantucket Counseling Service, Off Vesper Lane, Nantucket, MA 02554, 617-228-2689 (V)

New Bedford Area Center for Human Services, 848 Pleasant St., P.O. Box A 2097, New Bedford, MA 02741, 617-999-3126 (V)

Parkwood Hospital Alcohol and Drug Abuse Services, 4499 Acushnet Ave., New Bedford, MA 02741, 617-995-4611, ext. 550 (V)

St. Anne's Hospital Inc., Lifeline, 795 Middle St., Fall River, MA 02722, 617-675-0131 (V)

Veteran's Administration Hospital, 940 Belmont St., Route 123, Brockton, MA 02441, 617-583-4500 (V)

Printed as a public service by

KEMPER GROUP

MBA

Massachusetts Bar Association

20 WEST STREET
BOSTON, MASSACHUSETTS 02111

Non-Profit Org.
U.S. Postage
PAID
Boston, Mass.
Permit No. 58686